

# Foothills Pregnancy Resource Center

Duarte, CA

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**Summary** - Foothills Pregnancy Resource Center is a life-affirming friend to women, men, and children providing free pregnancy-related services and support. They serve a mosaic of clients with a multitude of different support needs through free baby supplies, free medical services and a listening ear. They help teenagers and adults recommit to sexual integrity before and in their marriages. They guide families in parenting their babies through ongoing parenting classes. They help women and men heal from the scar of a past abortion through post-abortion healing groups. As a faith based non-profit organization, they provide all of these services while sharing the life saving love and hope of Jesus. FPRC truly stands in the gap with real and tangible help.

## Ways We Serve

### Group Serving Projects

- ❖ Provide a deep cleaning of the suite from top to bottom.
- ❖ Use your skill to serve an immediate need through special project work (painting, repairs, etc.)
- ❖ Come weekly to complete/maintain an ongoing large supplies inventory list from overflow storage space of the big baby items like stroller, swings, seats, etc. (can be completed by one person coming every week or by a group sharing so that one member comes each week)

### Donate Supplies

- ❖ Donations are ALWAYS needed, as FPRC provides monthly supplies to our clients that can last from the time a baby is born until the baby turns 2. **Supply List:** *baby wash, baby shampoo, baby lotion, baby wipes, diapers (sizes newborn to 6 accepted, sizes 3-6 most needed), baby clothes (18M-3T). Gift Cards are also welcome to help support special event days & raffles for fundraising.*

### Individual Serving Opportunities

- ❖ Staff Support - Come to the center and be available to pitch in anywhere that is needed during the day. (Example; learn how to fill a supply bag, fill envelopes for quarterly newsletter, prep baby bottles for baby bottle drive etc.)
  - ❖ Transport Bottles - Help with baby bottle drive distribution and collection at various churches in the area.
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- ❖ Be a Host - Step into a host role at our monthly parenting class with any specialties the volunteers might have. Some examples are: infant/child CPR training, car seat safety, baby nutrition, translation services, etc.

### **Go Deeper With Your Commitment**

- ❖ Go through client advocating training in order to volunteer directly with the clients. Current volunteers are helping with one-on-one mentoring. Additional mentors are needed for men's groups & ESL courses for non-English speaking clients.
- ❖ Use your marketing/social media specialties to help spread our mission: help us improve upon digital and paper promotions

READY TO SERVE? Just click the link below to get started!

<https://foothillsprc.org/volunteer-opportunities>



**Foothills Pregnancy  
Resource Center**

*A State-Licensed Medical Clinic*

Still exploring? Go to [grace-church.com/serve](https://grace-church.com/serve) to find additional serving opportunities in our community.